

## Parent Program / Gilbert J. Botvin, Ph.D.

### Program Overview

The award-winning Botvin *LifeSkills Training* Parent Program is designed to help parents strengthen communication with their children



and prevent them from using substances. This powerful prevention tool is ideal for individual use at home. The comprehensive guide and DVD included in this program contain materials and exercises that help parents teach their children the skills to resist the threats of tobacco, drugs, and violence. These tools

help parents prepare their children for a successful progression from adolescence to early adulthood.

### Target Audience

Designed for parents and guardians of students in grades 6 – 9.

### Program Learning Objectives

The Botvin *LifeSkills Training* Parent Program is divided into four easy-to-use sections:

- **Section 1: Introduction**  
Gives an overview of the issues related to adolescent drug abuse.
- **Section 2: Protective Family Factors**  
Provides parents with information on how to be a good role model for their children, ways to convey a clear anti-drug message, and tips for effective family communication and parental monitoring.
- **Section 3: General Life Skills**  
Provides parents with information and engaging activities to help their children develop personal self-management and social skills.
- **Section 4: Additional Resources**  
Offers a comprehensive listing of resources to guide parents who are seeking additional information.

\*See Scope and Sequence

### Self-Study Program Components

**Parent Guide** This clear and comprehensive resource gives parents the knowledge and skills to encourage healthy behavior that helps prevent their children from using drugs.

**Parent DVD** This valuable visual resource introduces each of the five protective family factors through a variety of examples and scenarios.

#### Parent Program, Kindle Edition

- Wireless delivery in less than 60 seconds of your purchase
- Free access to Parent Resource website with downloadable and interactive activities
- Also available through the Kindle application for PC, Mac, iPhone, iPad, and Android



### Workshop Set

The Botvin *LifeSkills Training* Parent Program Workshop Set is designed to provide parent workshop leaders with materials suited for workshop delivery. The set includes:

- **Leader's Guide**  
A step-by-step manual for workshop facilitators provides activities and instructions for implementing parenting workshops. It includes lesson plans for each session, implementation tips, and a Parent DVD.
- **Parent Workshop Guide**  
Specifically designed for facilitated workshops, the Botvin *LifeSkills Training* Parent Workshop Guide contains the Protective Family Factors and General Life Skills sections from the full Parent Program. Used in conjunction with the Parent Program Leader's Guide, this guide allows facilitators to address specific needs of parents in their community.



available in Spanish

### PRICING

<b>Parent Program Self-Study Set</b> (1 Parent Guide & 1 Parent DVD)	\$59.95
5-Pack	\$299.00
10-Pack	\$540.00
<b>Parent Program Workshop Set</b> (1 Parent Program Leader's Guide, 1 DVD, and 20 Workshop Guides)	\$395.00
Parent Program Leader's Guide	\$175.00
Parent Workshop Guide 10-Pack*	\$120.00
Parent Workshop Guide 20-Pack*	\$220.00
<b>Parent Program Training Set</b> (1 Parent Program Leader's Guide, 1 Parent DVD, 1 Parent Workshop Guide)	\$192.00

\*Pricing also applies to Spanish curriculum

### Additional Resources

- **Alcohol and the Teenage Brain: A Video Guide for Parents and Professionals**
- **Underage Drinking: A Video Guide for Parents and Professionals**
- **Marijuana: A Video Guide for Parents and Professionals**
- **Reality Matters for Parents 4-Pack DVD**