

Training of Trainers (TOT) Workshop Overview

Two-day advanced training workshops teach participants how to deliver and conduct LifeSkills Provider Training Workshops for their organization.

TOT Workshop fee (\$1,070) includes:

- 2-day TOT training workshop (breakfast and lunch provided)
- Participant's Manual (Printed PowerPoint presentations)
 - Elementary School Training
 - Middle School Training
 - Booster Level Training
 - High School and Transitions Training supplements
- TOT Inserts
 - Adult Learning – 12 Principles Cards
 - Princeton Health Press Catalog
- Certification to use NHPA's Training Model for Workshop & Technical Assistance for your site.
- Access to the TOT Resource Center (www.lifeskillstraining.com/tot) for links to electronic versions of presentations, documents, and helpful resources including:
 - PowerPoint presentations
 - Planning Workbook
 - LST Evaluation Tools
 - Fidelity Checklists
 - Curriculum Alignment
 - Classroom Assessments
 - Training Certificate template

Requirements for becoming a Trainer of Trainers (TOT):

1. Successful completion of a LifeSkills Provider Training workshop.
2. Implementation of at least one level of the LST program for a full cycle. (*Elementary School 8 sessions; Middle School a minimum of 15 sessions; High School 10 sessions; or Transitions 6 sessions*).
3. [Fill out an application](#) then email it to training@nhpamail.com or fax it to 914-421-2007.

Questions? Email lstinfo@nhpamail.com or Call 800-293-4969 or Visit www.lifeskillstraining.com